

LEVEL: EASY SERVINGS: 4

PREHEAT OVEN: 400°F COOKING TIME: 15 MIN

## INGREDIENTS

1 Butternut Squash, peeled and

cubed

1 tsp Dried Tarragon

1 tsp Dried Thyme

1/2 tsp of Salt

1/8 tsp of Black Pepper

Oil (Olive Oil, Avocado, Safflower)

1/2 Onion, chopped

1/2 cup Pesto

1 can Crescent Rolls

1/2 cup Romano Cheese, shredded

## DIRECTIONS

- 1. Mix butternut squash in a bowl with preferred oil, dried tarragon, dried thyme, and 1/8 tsp of pepper, and 1/2 tsp of salt. Place on a baking pan or roasting pan covered in parchment (less clean up!). Pop in the oven for 20–30 minutes till tender. Once done, cool for 10 minutes.
- 2. In a saute pan, heat on low-medium your preferred oil. After a minute or so, put your chopped onions in with a couple pinches of salt. Cook the onions until softened and a little brown...caramelized. Set aside.
- ${\it 3.}$  Open the crescent rolls can. Separate and lay out on a cutting board.
- 4. Now it's time to assemble each of the rolls by spreading pesto, then adding onions, and next butternut squash.
- 5. Fold the dough over each other, covering most of the filling. Then top with cheese.
- 6. Bake for 10-15 minutes or until golden brown.